



**NORWOOD CROSS COUNTRY INVITATIONAL MEET
SATURDAY, SEPTEMBER 28, 2024**

Meet Location: Lower Millcrest Park - 1700 Hopkins Ave, Norwood, Ohio 45212

Race Lengths: Middle School - 3200m (2 mi); High School - 5000m (3.1 mi)

Team Check In: 9:00 AM - 9:45 AM

Race Times:

10:00 AM – Middle School Girls

10:30 AM – Middle School Boys

11:00 AM – High School Girls

11:30 AM – High School Boys

Registration Link: <https://oh.milesplit.com/meets/583196/registration>. Registration ends Friday September 20th at Midnight.

Meet Password: NorwoodInv24

Entry Fee: \$125.00 per team, \$300 for all four teams or \$25 per runner for teams less than 5. Fees must be paid Friday September 22nd.

Checks Payable: Norwood Athletics, 2020 Sherman Avenue, Norwood, OH 45212

Scoring: Team – Top 5 runners; Individual – Traditional timing. Entries and results will be entered by Buckeye Timing

Awards: Individual: Middle School: Event Medals to Top 1-10 finishers
High School: Event Medals to Top 1-10 finishers

Team: Trophies for the top two MS and HS teams

Awards will be distributed at the end of each race.

QUESTIONS: Contact Chuck Richardson at richardson.c@norwoodschoools.org or Maddie Baker at baker.m@norwoodschoools.org